**UNIT 11:** **KEEP FIT, STAY HEALTHY( Tuần 22.2-26.2.2021)**

**Choose the best option to complete each of the following sentences.**

1. They had to fill \_\_\_\_\_\_\_\_their medical records.

A. down B. at C. in D. on

1. Were you ever \_\_\_\_\_\_\_\_from school last semester?

A. late B. early C. absent D. present

1. What was wrong \_\_\_\_\_\_\_\_you ?

A. to B. with C. about D. for

1. Yesterday they had a \_\_\_\_\_\_\_\_check up.

A. medical B. medicines C. medicine D. medically

1. \_\_\_\_\_\_\_\_is a shop where you can buy medicines and a lot of other things.

A. Bakery B. Toy store C. Drug store D. book-store

1. You can go back to the waiting room.

A. follow B. return C. get on D. come in

1. She will be back \_\_\_\_\_\_\_\_a few minutes.

A. in B. at C. about D. on

1. - You have a cold. You’d better \_\_\_\_\_\_\_\_out.

A. go B. not go C. to go D. not to go

1. What’s your surname?

A. middle name B. full name C. family name. D. first name

1. \_\_\_\_\_\_\_\_is a condition of the body when it is too hot because of illness.

A. Fever B. Cold C. Cough D. headache

1. Follow \_\_\_\_\_\_\_\_please.

A. I B. me C. my D. myself

1. She is 145 centimeters \_\_\_\_\_\_\_\_

A. tall B. heavy C. old D. high

1. I need \_\_\_\_\_\_\_\_your height.

A. measuring B. to measure C. measure D. A & B

1. How \_\_\_\_\_\_\_\_is Nga ? – She is 36 kilos.

A. high B. weight C. heavy D. much

1. \_\_\_\_\_\_\_\_you lend me your pen, please ?

A. Would B. Can C. Do D. May

1. You should \_\_\_\_\_\_\_\_your hands before meals.

A. to wash B. washing C. wash D. B & C

1. The medicines \_\_\_\_\_\_\_\_the pain in my chest.

A. prevented B. relieved C. protected D. broke

1. The nurse told Hoa \_\_\_\_\_\_\_\_to the waiting room.

A. to return B. returning C. return D. A & B

1. Everybody \_\_\_\_\_\_\_\_the symptoms, but nobody \_\_\_\_\_\_\_\_a cure.

A. know/ knows B. knows/know C. knows/ knows D. knew/knows

1. I don’t want much sugar in my coffee, just \_\_\_\_\_\_\_\_, please.

A. a few B. little C. fewer D. less

**Read the passage and answer the following questions.**

You have a headache and you sneeze and cough. Your nose is all stuffed up, and it keeps running, so you have to blow it every few minutes. You know by these \_\_\_\_\_\_(21) that you have a cold, and you feel completely \_\_\_\_\_\_(22). You are not sure if you will live through the day.

Everyone suffers \_\_\_\_\_\_ (23) the common cold at some time or other. It isn’t a serious\_\_\_\_\_\_(24), but over a billion dollars a year is spent on different kinds of cold medicine every year. This medicine can relieve the symptoms. That is, it can make you cough \_\_\_\_\_\_(25), make your head less intense, and stop your nose \_\_\_\_\_\_(26) for a while. However, it can cure your cold. So far, \_\_\_\_\_\_(27) no cure for the common cold and no medicine to prevent it.

\_\_\_\_\_\_(28) there is no cure or preventive medicine for colds, people have all kinds of ideas about \_\_\_\_\_\_(29) to prevent and treat colds. Some people think that if you eat a lot of onions, you won’t each cold. \_\_\_\_\_\_(30) say that you should avoid getting wet and chilled, or you will catch cold. However, this is apparently not so.

1. A. diseases B. fevers C. cures D. symptoms
2. A. sad B. hungry C. miserable D. thirsty
3. A. from B. of C. with D. about
4. A. misery B. illness C. headache D. wrong
5. A. less B. fewer C. much D. more
6. A. walking B. jogging C. running D. flowing
7. A. it is B. there is C. they are D. there are
8. A. Although B. Despite C. In spite D. But
9. A. what B. why C. where D. how
10. A. Other’s B. Another C. Others D. Other

**Give the correct form of the word in brackets.**

1. Mrs. Oanh’s daughter is having a \_\_\_\_\_\_\_\_\_\_\_\_\_check-up. (**MEDICINE**)
2. We need to know your \_\_\_\_\_\_\_\_\_\_\_\_\_, Minh. (**WEIGH**)
3. An has a toothache. It’s very \_\_\_\_\_\_\_\_\_\_\_\_\_. (**PAIN**)
4. Catching the common cold is \_\_\_\_\_\_\_\_\_\_\_\_\_for everybody. (**PLEASE**)
5. Don’t worry ! Your cold will last for a few days and then \_\_\_\_\_\_\_\_\_\_\_\_\_. (**APPEAR**)
6. This map was very \_\_\_\_\_\_\_\_\_\_\_\_\_on our holiday. (**USE**)
7. What a \_\_\_\_\_\_\_\_\_\_\_\_\_dress! Did you make it yourself? (**LOVE**)
8. Lam has a lot of stamps in her \_\_\_\_\_\_\_\_\_\_\_\_\_. (**COLLECT**)

31/ medical 32/ weight 33/ painful 34/ unpleasant 35/ disappear

36/ useful 37/ lovely 38/ collection

**Change these following sentences as directed.**

EX: How old is your grandfather ? AGE🡪 What is your grandfather’s age ?

1. How high is the Big Ben Clock Tower ? HEIGHT

🖎

1. What is your son’s weight ? HEAVY

🖎

1. What is the price of this face mask ? COST

🖎

1. How long is the Mekong River ? LENGTH

🖎

1. How wide is the West Lake ? WIDTH

🖎

**Rewrite the following sentences using “had better”.**

EX: It’s raining heavily. Don’t go out. 🡪 You had better not go out.

1. I advise you to brush your teeth at least twice a day.

🖎

1. Linh shouldn’t stay up too late.

🖎

1. You should do morning exercise regularly.

🖎

1. She has a headache. I advise her to take some aspirin.

🖎

1. You shouldn’t make such a noise in hospital.

🖎

1. Don’t eat too much candy! It’s not good for your health.

🖎

1. We ought not to smoke and drink. It’s bad for our health.

🖎